

Place right hand so index finger runs vertically along orange line on left. Measurement on the right side of your hand on the chart will be your approximate glove size.

Wrap a tape measure around your knuckles or the widest part of your hand and make a loose fist. Round that measurement to the nearest inch and refer to measurement chart for approximate glove size.

7" (20.5 cm) = Small 8" (23 cm) = Medium 9" (25.5 cm) = Large 10" (28 cm) = X-Large 11" (30.5 cm) = XX-Large